If the PVC desk mat is deformed, the following methods can be tried to repair it:

- 1. Warm water soaking: Soak the deformed table mat in warm water for a period of time, then take it out, press it on with a flat heavy object, and let it sit for a period of time to see if it can restore its shape.
- 2. Hot blow shaping: Use the hot air stop of the hair dryer to heat the deformed area up close, and gently shape it with your hands. Be careful not to let the temperature be too high to avoid damaging the table mat.
- 3. Reverse stretching: If it is a local deformation, you can carefully reverse stretch the deformation area and fix it for a period of time.

However, it should be noted that these methods may not fully repair the deformation, and caution should be taken during operation to avoid further damage to the table mat. If the deformation is severe, it may be difficult to restore to its original state.